

## **Fitness and Wellness**

**Section 1:** The Agency, within budgetary limitations, agrees to provide a wellness/fitness program. This is a matter for local level bargaining. The Parties recognize that some of the activities of the Program developed and implemented pursuant to this Article may involve, in part or in whole, employee financial contributions as well as use of non-duty hours for participation. The Parties mutually agree that employee wellness/fitness is ultimately the individual responsibility of each employee.

**Section 2:** Employees who are required by the Agency to maintain a high level of physical fitness for the performance of their duties may be granted a reasonable amount of time for exercise, up to three (3) hours per week. This matter is delegated to the local level for bargaining consistent with Section I of this Article.

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